



CHOOSE MORC

## *PEER MENTOR PROGRAM*

**At MORC, Inc., we understand how difficult it can be to navigate the complex systems in our communities to find the services you need. Sometimes having someone who has a disability and who has been through the system to help can make things easier. This person is called a Peer Mentor.**

### **WHAT IS A PEER MENTOR?**

A Peer Mentor is a person with a disability who has learned problem solving strategies, how to be a self-advocate and how to navigate systems in their community. Peer mentors don't tell their peers how to live their lives, they instead offer the benefit of their experiences, provide encouragement, and help those they work with construct strategies to bring about the changes they want in their lives.

### **WHAT CAN A PEER MENTOR DO FOR ME?**

- Be an ally in helping you advocate for things that are important to you.
- Assist with the person-centered planning process.



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- Help you navigate the system.
- Help you find resources in the community that can aid in independence.
- Offer encouragement and support through the benefit of their experience.
- Help in specialized areas such as recreational opportunities, community inclusion, transitioning into housing, education or employment, transportation, and more.

## HOW CAN I REQUEST A PEER MENTOR?

You can tell your Support Coordinator you would like a Peer Mentor prior to developing your person-centered plan.

## CAN I BE A PEER MENTOR?

If you have a developmental disability and live in Oakland County, you can apply to be a Peer Mentor. You must commit to a required five week training course of three and a half hours per week.

For more information about the Peer Mentor Program, please contact Adam Fuhrman at (586) 263-8714 or adam.fuhrman@morcinc.org.

# CONTACT US

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### MORC AUTISM & CHILDREN'S CENTERS

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Troy, MI 48084  
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### MORC TRAINING – LINCOLN CENTER

15930 19 Mile Road  
Clinton Township, MI 48038  
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### MORC TRAINING

1270 Doris Road  
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### MORC AUTISM CENTER

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### FUTURES FOUNDATION

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Clinton Township, MI 48038  
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### MORC SUPPORTS NEEDS ASSESSMENT CENTER

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### WAYNE COUNTY OFFICE

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### MORC HOME CARE

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MORC, Inc. acknowledges the support of Macomb County Community Mental Health, Oakland County Community Mental Health Authority, Detroit Wayne Mental Health Authority, and the Michigan Department of Health and Human Services.