

A photograph of two women smiling together. The woman on the left has reddish-brown hair and is wearing a black lace top. The woman on the right has blonde hair, wears glasses, and a pink and black striped sleeveless top. They are in an indoor setting with a colorful abstract painting in the background.

CHOOSE MORC

## *SUPPORT NEEDS ASSESSMENT*

### **WHAT IS THE SUPPORTS INTENSITY SCALE?**

The Supports Intensity Scale (SIS) was developed by the American Association on Intellectual and Developmental Disabilities (AAIDD). The SIS is broadly used throughout the US and internationally to help gather information to assist in developing your necessary supports. It is a reliable and standardized way to consider support needs, explore the types of supports needed for everyday life, and consider how often support is needed.

### **HOW DOES AN SIS INTERVIEW WORK?**

An AAIDD trained interviewer works with you and two others that you trust to discuss your individual supports. The meeting is held at a location of your choice that is private and comfortable and usually lasts 1 1/2 to 2 hours.

### **WHAT IS COVERED DURING THE SIS INTERVIEW?**

The SIS Interview focuses on a variety of support areas such as home and community living, lifelong learning, employment, social life, health and safety, protection and advocacy and medical and behavioral. It explores activities and skill sets that are common to most adults in our society and focuses on full citizenship. The goal of the interview is to generate consensus among you and your caregivers about your supports. The information gathered during the interview is used to help in your person centered planning process.



## HOW CAN I MAKE MY SIS INTERVIEW AS SUCCESSFUL AS POSSIBLE?

We want the interview to be a positive experience for you! You can follow these steps before and during the interview for the best results.

- Consider what type of daily support you need, how often you need it and how much time the support takes
- Consider what you would need to be successful in completing a task or participating in an activity
- Keep an open mind
- If you are unsure, ask questions
- If you feel uncomfortable or need a break, simply tell the interviewer

## HOW CAN I GET MORE INFORMATION?

If you have questions about the SIS, contact your Support Coordinator or e-mail us at [sis@morcinc.org](mailto:sis@morcinc.org).

# CONTACT US

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MORC, Inc. acknowledges the support of Macomb County Community Mental Health, Oakland County Community Mental Health Authority, Detroit Wayne Mental Health Authority, and the Michigan Department of Health and Human Services.