

## **HOW DOES A SIS-A INTERVIEW WORK?**

A qualified and state recognized SIS-A interviewer works with you and two others that you trust to discuss your individual support needs. The meeting is held at a location of your choice that is private and comfortable and usually lasts around 2 to 3 hours.

## WHAT IS COVERED DURING THE SIS-A INTERVIEW?

The SIS-A Interview focuses on a variety of support need areas, including home and community living, lifelong learning, employment, social life, health and safety, protection and advocacy and medical and behavioral. It explores activities and skill sets that are common to most adults in our society and focuses on full citizenship. The goal of the interview is to determine the pattern and intensity of your support needs through discussion with your caregivers and the interviewer. The information gathered during the interview is used to help in your person centered planning process.

# WHAT IS THE SUPPORT INTENSITY SCALE - Adult Version (SIS-A)?

The Supports Intensity Scale Adult Version (SIS-A) was developed by the American Association on Intellectual and Developmental Disabilities (AAIDD). The SIS-A is used broadly throughout the US and internationally to help gather information to assist in determining support needs. It is a reliable and standardized assessment which explores the type of support needed for everyday life activities, as well as the frequency and time needed to provide that support.



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# HOW CAN I MAKE MY SIS-A INTERVIEW AS SUCCESSFUL AS POSSIBLE?

We want the interview to be a positive experience for you! You can follow these steps before and during the interview for the best results.

- Consider what type of daily support you need, how often you need it and how much time the support takes
- Consider what you would need to be successful in completing a task or participating in an activity
- · Keep an open mind
- If you are unsure, ask questions
- If you feel uncomfortable or need a break, simply tell the interviewer

#### **HOW CAN I GET MORE INFORMATION?**

If you have questions about the SIS-A, contact your Support Coordinator or e-mail us at sis@morcinc.org. Visit our website at http://www.morcinc.org/snac/.

® SIS-A is copyrighted by American Association on Intellectual and Developmental Disabilities (AAIDD).

# $\overline{CONTACT}$ $\overline{US}$

#### **CLINTON TOWNSHIP OFFICE**

15600 Nineteen Mile Road P.O. Box 380710 Clinton Township, MI 48038-0070

TELEPHONE: (586) 263-8700 TOLL FREE: (866) 807-6940

FAX: (586) 412-7889

# MORC AUTISM & CHILDREN'S CENTERS

1800 West Big Beaver Road Troy, MI 48084

TELEPHONE: (248) 918-5600

## **MORC TRAINING**

15600 19 Mile Road Clinton Township, MI 48038

TELEPHONE: (586) 464-0400

## **CLARKSTON OFFICE**

6770 Dixie Highway, Ste. 200 Clarkston, MI 48346

TELEPHONE: (248) 276-8000 TOLL FREE: (866) 754 3398 FAX: (248) 276-9280

#### **SOUTHFIELD OFFICE**

29200 Northwestern Highway, Ste. 110 Southfield, MI 48304

TELEPHONE: (248) 276-8000 TOLL FREE: (866) 754 3398

FAX: (248) 276-9280

#### **FUTURES FOUNDATION**

15600 19 Mile Road Clinton Township, MI 48038

TELEPHONE: (586) 464-2610

# MORC SUPPORTS NEEDS ASSESSMENT CENTER

15600 19 Mile Road Clinton Township, MI 48038

TELEPHONE: (866) 807-6940

#### **WAYNE COUNTY OFFICE**

TELEPHONE: (248) 536-5085 TOLL FREE: (866) 986-2240

FAX: (248) 536-5086

#### **MORC HOME CARE**

15600 19 Mile Road Clinton Township, MI 48038

TOLL FREE: (866) 593-7413

FAX: (586) 228-7029

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MORC, Inc. acknowledges the support of Macomb County Community Mental Health, Oakland County Community Mental Health Authority, Detroit Wayne Mental Health Authority, and the Michigan Department of Health and Human Services.

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