



Thank you for choosing
Easterseals MORC!
As a family supported
through us we would
like to offer you free
access to our
Family Support
Webinar Series!

FAMILY SUPPORT WEBINAR SERIES

Life can be overwhelming and chronic stress negatively impacts the way we view and support our children. Supporting children requires us to reflect on how we can be the best version of ourselves as parents and/or parental figures.

What are the Family Support webinars?

This four-part online/OnDemand series is developed and produced by Easterseals MORC team members who are committed to improving the lives of those we support through education and support.

Where can I find this webinar series?

This four-part series can be found online and accessed through Easterseals MORC's Educational Center (scanning the QR code below).

Who are these webinars for?

These webinars are designed for parents, grandparents, guardians, and parental figures.

What will viewers learn?

This series aims to shine a light on the valuable role we can all play by addressing the impact of trauma and its affect on us as caregivers and the children in our lives. Additionally, responding to challenging behaviors and ideas for improving our mental and physical health are addressed.



Scan the QR code above
to learn more about this
webinar series!

For more information, call
1.800.75.SEALS

 **easterseals** | **MORC**
www.EastersealsMORC.org

Our Family Support Series

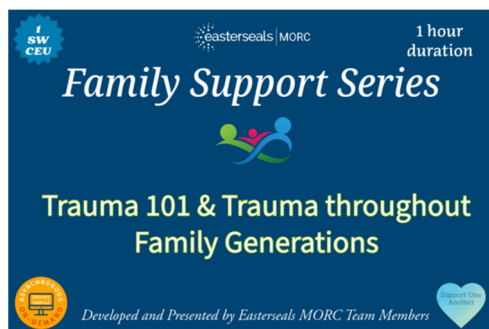


Family Support Module #1: Family-Based Intervention Models Introduction

This series begins with this course as an introduction to family support and Interventions. Whether you are a new parent, single parent, foster parent or grandparent, this educational series will provide you with the most current literature, tips and resources to help the little people in your life.

In this introduction, you will learn from two Licensed Mental Health Therapists on the different evidence-based interventions for caregivers and their families.

Presenters: Jennifer Thayer, LMSW & Zoe Compton, LMSW



Family Support Module #2: Trauma's Impact on Child and Parenting Style

In this 2-part series, you will learn from Trauma Therapists on how trauma can affect your child, as well as how your own trauma may affect your parenting style.

Part one discusses how to define and create a common language, what trauma does to your body, and talking about the ways this displays throughout the lifespan.

Part two discusses how childhood trauma affects us in childhood, what is intergenerational trauma and why does it happen, and stopping the cycle with self-care.

Presenters: Jenny Hoggatt LMSW & Amanda Luteran, LPC



Family Support Module #3: Understanding Development and Behaviors and Responding to Challenging Behaviors

In these two modules you will learn from a Licensed Behavior Analyst and Licensed Mental Health Therapists to better understand developmental milestones and interventions to help with challenging behaviors.

Some key topics that will be discussed include, behavior as communication, strategies to create a supportive environment in your home, support strategies for each part of the behavior escalation cycle, services Easterseals MORC can provide to support your family.

Presenters: Zoe Compton, LMSW, and Larissa Heise, LMSW, BCBA, LBA

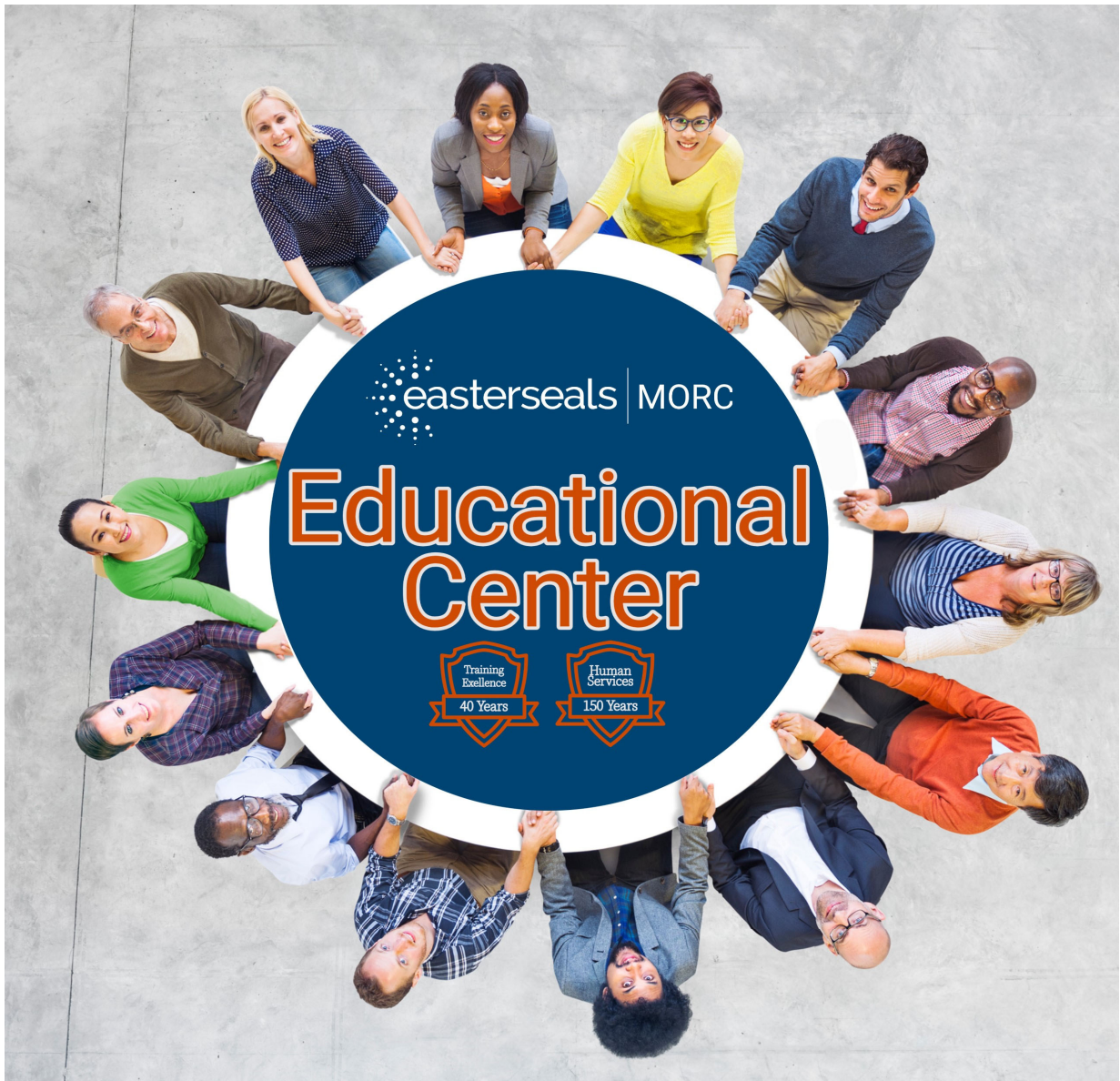


Family Support Module #4: Mental and Physical Health

In this 3-part series, you will learn from a Registered Nurse and Licensed Mental Health Therapist how mental health and physical health are connected, how to help your child cope with stress, and ways to become a healthier family.

Some key topics that will be discussed include, how stress affects your body, how to reduce stress, tips to help your family eat more nutritiously and be more active, self-care strategies for your family, information on eating disorders, and how to build a healthy relationship with food.

Presenters: Ebony Redding, LMSW, and Alicia Petrunak RN



FAMILY SUPPORT WEBINAR SERIES

Instruction Booklet for your Free Access



Welcome Easterseals MORC Families!

Steps to Access this Training in the Easterseals MORC's Educational Center

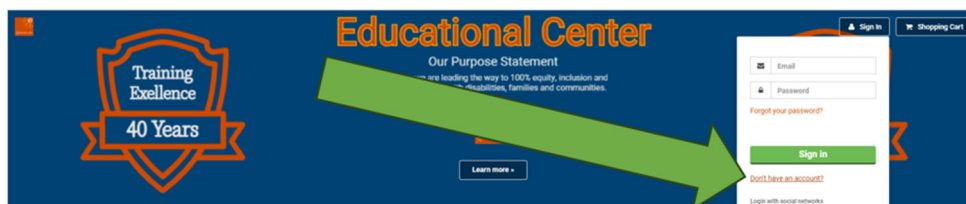
1. From your computer/device click here: <https://eastersealsmorctraining.learnupon.com/store> or QR ->



2. Once you arrive at the Educational Center, create an account by clicking, "Sign In".



Click on "Don't Have an Account?"



3. Register your account by entering the information seen in this image and click "Register":

Register for Easterseals MORC Training's Educational Center

Email

Password

Confirm password

4. You should receive a confirmation email. Check your email inbox and if you don't see it in a few minutes check your spam folder. This following image is a sample of the email you should receive:

LearnUpon Confirmation instructions Inbox x



Easterseals MORC Training 2 <notifications@learnupon.com>
to me ▾

Welcome **Your email**

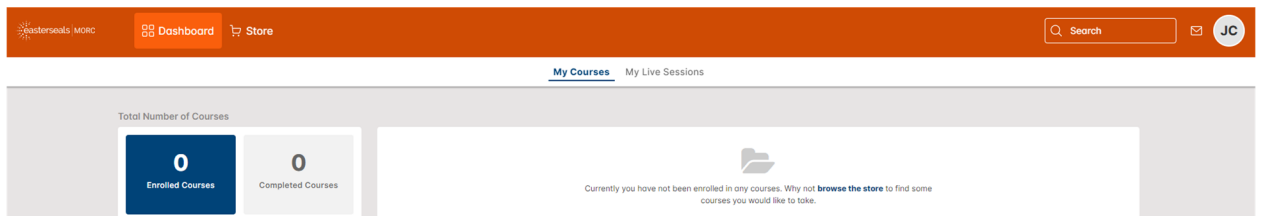
You can confirm your account through the link below:

https://eastersealsmorctraining.learnupon.com/users/confirmation?confirmation_token=XAo8C9MUMxNKsmVMjtX8xA

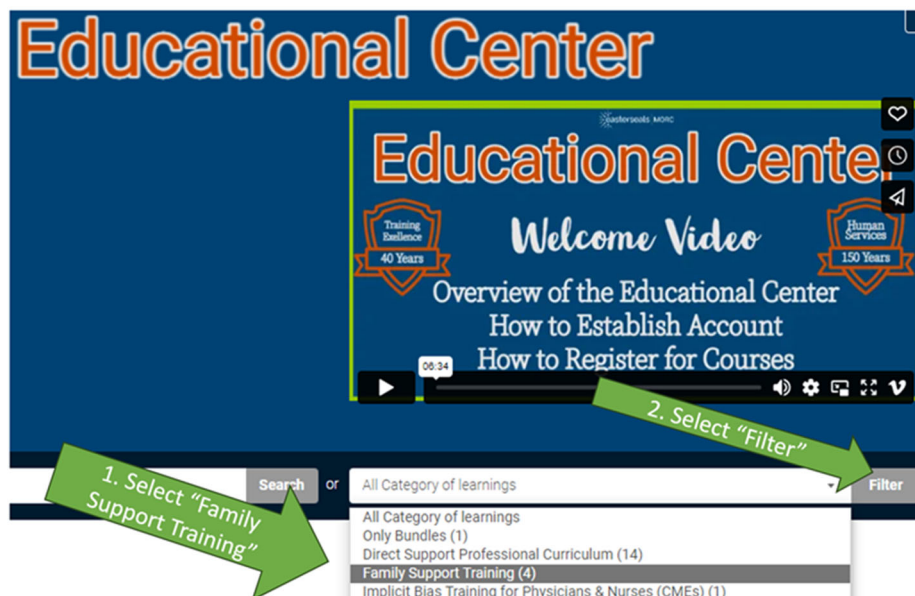
5. By Clicking the Link in your confirmation email you will be taken to your profile page where we ask for your First and Last Name. You will be required to select a profession and you can select “family Member” (first option in dropdown). You can skip the “Professional License Field” as this is not required.

The screenshot shows a web form titled "Basic Info" and "Custom User Data". Under "Basic Info", there are two text input fields: "First Name" and "Last Name". Under "Custom User Data", there is a welcome message: "Welcome to the Easterseals MORC Training Center!". Below this, there is a paragraph: "If you are taking courses for your professional license, please complete the two fields below. We will retain the information in the event of an audit. We will not use your licensure data for any other purpose." followed by another paragraph: "If you are taking courses that are not required for a professional license you do not have to complete the fields below." Below these paragraphs, there is a "Profession:" label and a dropdown menu with "Choose" selected and a "Select all" link. At the bottom, there is a "Professional License Number:" label and a text input field.


6. You will enter “state” and “country” and then you have successfully established your account and you will be taken to your Dashboard.



7. Select the “Family Support Trainings” from the dropdown and then select “Filter”




8. Select the training you'd like to take by selecting "Add".



Family Support: Module #1. Family-Based Intervention Models Introduction

This series begins with this course as an introduction to family support and interventions. Whether you are a new parent, single parent, foster parent or grandparent, this educational series will provide you with the most current literature, tips and resources to help the little people in your life. In this introduction, you will learn from two Licensed Mental Health Therapists on the different evidence-based interventions for caregivers and their families. Presenters: Jennifer Thayer, LMSW...[Read More](#)

Rating ★★★★★	Content 2 modules	Price Free	 Add
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9. You will see this course now added and click "Proceed to Cart."

 Family Support: Module #1. Family-Based Intervention Models Introduction 1x
\$0.00

Total \$0.00

Proceed to Cart

If you are purchasing for someone else or require bulk purchasing [Click Here](#)

10. Click "Next Step: Checkout."

Subtotal:	\$0.00
Total:	\$0.00

Next Step: Checkout

Selected location: [Michigan](#)

If you want to cancel this order [click here](#)

11. Click on "Do you have a Coupon Code?"

Payment

Do you have a [Coupon Code](#)?

 **Coupon Code**

Subtotal:	\$0.00
Total:	\$0.00


Complete Purchase

Selected location: [Michigan](#)

If you want to cancel this order [click here](#)

12. Enter the Coupon Code “FamModule1.” Each training will have its own coupon code. The code will remain the same except for the number. For example, the 2nd module in this series will include the coupon code, “FamModule2.”

Payment

 You will be forwarded to PayPal where you can pay by Credit/Debit card or through your PayPal account.

Do you have a **Coupon Code?**

Coupon Code

Apply

Subtotal:

\$15.00

Total:

\$15.00

Next Step: Payment

Selected location: **Michigan**

If you want to cancel this order [click here](#)

13. Click “Complete Purchase.”

Payment

Coupon Code

✓

Remove

Subtotal:

\$15.00

Discount:

(\$15.00)

Total:

\$0.00

Complete Purchase

14. You are ready to “Start” your training. After the learning modules are complete you will be asked to complete a brief survey and then you will have instant access to a certificate of your completion of this course. Also, as noted in the picture below you can also take these trainings through the LearnUpon App using your login credentials for LearnUpon.

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LearnUpon has an App
Download the LearnUpon App to complete any OnDemand, Asynchronous training. Training from the convenience of mobile device! (Attending Live, Virtual/Synchronous sessions through the App is not an option)



Total Number of Courses

2
Enrolled Courses

0
Completed Courses

**Family Support Series**
Family Based Intervention Models
An Introduction to Family Support and Interventions
2 Modules 0%
Click Start to Begin

Family Support's Module #1, Family Based Intervention Models Introduction
Not Started - Enrolled on 24 Sep 2020
This series begins with this course as an introduction to family support and interventions. Whether you are a new parent, single parent, foster parent or grandparent, this educational e... [Read More](#)



[Questions? Click Here to contact our Educational Center's Training Team](#)